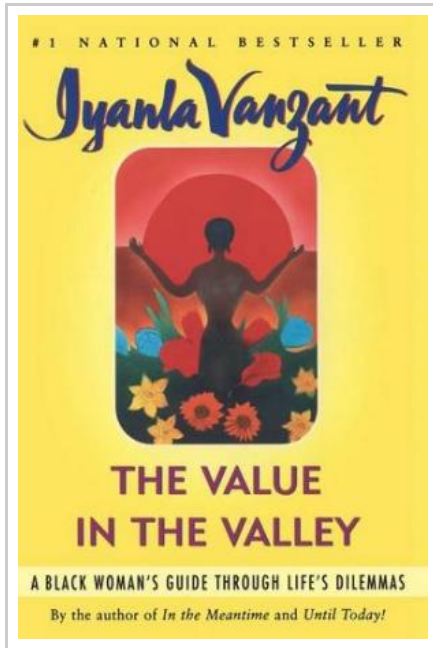




## The Value in the Valley: A Black Woman's Guide Through Life's Dilemmas

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By Iyanla Vanzant

Simon Schuster Ltd, United Kingdom, 1997. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book. So you've fallen and think you can't get up! Is it the job you hate but need in order to pay the rent? Is it that relationship that you gave your all to only to end up with a broken heart again? Perhaps it's your children, a family member or a lifelong friend doing you in, dragging you down, pushing you to the brink. If you are an honorary member of the Black Woman's Suffering Society, you have probably been told that it's all your fault. Or that struggling and suffering is your lot in life. Iyanla Vanzant says NO! Life is an Act of Faith and suffering is optional! Those everyday challenges, obstacles, and dilemmas are what Iyanla calls valleys. As bad as they may seem, there is a purpose or, as Iyanla says, There is so much value in the valley. Valley experiences open your eyes to the things you know but have difficulty facing and accepting. Valleys challenge your fears, strengthen your will, correct your misperceptions, and give you valuable insights into yourself,...



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