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Heart Disease

By Judith A. Skala

Hogrefe Publishing GmbH Aug 2005, 2005. Taschenbuch. Book Condition: Neu. 25.4x17.8x cm. Neuware - The physical and mental health consequences of heart disease can be significantly alleviated by appropriate psychotherapeutic and behavioral treatment and advice. This volume in the new series, *Advances in Psychotherapy -- Evidence-Based Practice*, provides therapists and students with practical, and evidence-based guidance on diagnosis and treatment of heart disease and its consequences, and does so in a uniquely 'reader-friendly' manner. The book is both a compact 'how-to' reference, for use by professional clinicians in their daily work, as well as an ideal educational resource for students and for practice-oriented continuing education. The most important feature of the book is that it is practical and 'reader-friendly.' It has a similar structure to others in the series, and is a compact and easy-to-follow guide covering all aspects of practice that are relevant in real-life. Tables, boxed clinical 'pearls,' and marginal notes assist orientation, while checklists for copying and summary boxes provide tools for use in daily practice. The series has been developed and is edited with the support of the Society of Clinical Psychology (APA Division 12). The Society is planning a system of home study continuing education...



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